

Read & Hike Idaho Family Planning Guide

Simple ideas for reading, hiking, and learning together.



1. How to Use Read & Hike Idaho

Simple steps:

1. Choose a trail.
2. Pick a book.
3. Read before or after your hike.
4. Use one trail activity.
5. Talk, draw, or journal together.



2. Family Reading Tips

- Read a short book before leaving home.
- Bring one book in the car or backpack.
- Pause on the trail to make connections.
- Let children lead with questions and observations.
- Use drawing or storytelling after the hike.



3. Shared Reading Connection

Families build stronger learning connections when they read, talk, explore, and reflect together. Read & Hike Idaho encourages adults and children to share books and outdoor experiences side by side.



4. Family Conversation Prompts

- What did we see today that was also in our book?
- What surprised you?
- What would you like to learn more about?
- How can we protect this trail?
- What story could this place tell?



5. Safety and Accessibility Tips

- Check weather
- Bring water/snacks
- Wear layers
- Stay on trail
- Leave no trace
- Choose hikes that fit your group's needs

READ. HIKE. CONNECT.

Stories in books. Adventures outside.

readandhikeidaho.org

