

STEWARDSHIP ACTIVITIES



BEST AGE RANGE

Ages 5–Adult



SUPPLIES NEEDED

- Gloves (optional)
- Trash bag (optional)
- Notebook



TIME NEEDED

10–20 minutes



SHORT INSTRUCTIONS

- 1 Learn one way to care for the trail.
- 2 Practice it during your hike.
- 3 Talk about why it matters.
- 4 Leave the place better, or just as healthy, as you found it.



TRY THESE STEWARDSHIP IDEAS

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STAY ON THE TRAIL

Walking on trails protects plants and keeps soil in place.

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PACK IN, PACK OUT

Bring all your trash and leftovers back with you.

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RESPECT WILDLIFE FROM A DISTANCE

Watch animals from far away and never feed them.

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LEAVE ROCKS, FLOWERS, AND NATURAL OBJECTS WHERE THEY BELONG

They are part of nature for others to enjoy.

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USE QUIET VOICES TO LISTEN TO NATURE

Lower your voice and listen to the sounds around you.

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SHARE THE TRAIL KINDLY WITH OTHERS

Be friendly, patient, and let others enjoy, too.



HOW DID I HELP?

Draw or write about one thing you did to care for the trail today.



READ. HIKE. CONNECT.

Stories in books. Adventures outside.



Find more trail guides and book ideas at
readandhikeidaho.org